## 1. Calibrating your judgement

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| *We set interim tests and examinations for you (and us) to monitor your progress.**One thing you need to learn during your university career is how to make an honest and realistic estimation of your likely progress, and then following any exam and mark test, reflect on how things went, and what you could do to build on your progress in the future.** What marks did you think you would get for the Maths A exam?
	+ After your revision, before you sat the exam
	+ After the exam, before you got your results
* What marks did you actually get?
* How accurate were your predictions? Why were you so accurate/inaccurate?
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## 2. Identifying your motivations

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| *Comment on why you are taking the foundation year.** *What are your motivations? What are your objectives?*
* *How does your motivation affect the way you study?*
* *Are other aspects of your university life affected by your motivations?*
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## 3. Evaluating your progress

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| *Comment on how you have been progressing on the Foundation Year ……..** Describe your progress during the year, attendance, and achievements, settling in. you can use marks and test scores as evidence
* Consider your progress in the context of your objectives and motivations.
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## 4. Knowing yourself: Judgement, ambition, objectivity and planning to learn

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| *What mark did you achieve in Maths A? How does it compare with your expectation? Comment on relationship between the different perspectives.**e.g.* *How did you feel? How good was your judgement? What feedback have you received?*What are your plans to build on your progress to date?* In the first section you described how you performed, how you expected to perform, then explained what you actually achieved
* How are you going to build on your achievements over the rest of the year?
* Remember everyone on the foundation year has been admitted because there is some area of the curriculum in which they have to make progress in order to enter the first year of the degree.
* Even high achievers in maths who expected to do well can identify an action plan which can build on their progress over the previous term
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## 5. Future Objectives

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| *What are your objectives/ambitions? Have they changed since the beginning of the Foundation year? Identify your top three priorities, for the short term, medium term long term taking into account your progress to date*  |