

Question

Find the mean and the rms values of $f(t) = \cos \omega t$ over the half period $0 \leq t \leq \frac{\pi}{\omega}$ and over the full period $0 \leq t \leq \frac{2\pi}{\omega}$.

Answer

Mean over $\frac{1}{2}$ period:

$$\begin{aligned} \overline{f_{\frac{1}{2}}} &= \frac{1}{\left(\frac{\pi}{\omega} - 0\right)} \int_0^{\frac{\pi}{\omega}} dt \cos \omega t \\ &= \frac{\omega}{\pi} \left(\frac{\sin \omega t}{\omega} \right) \Big|_0^{\frac{\pi}{\omega}} = 0 \end{aligned}$$

Since we have $\cos \omega t$ a full period is $\frac{2\pi}{\omega}$

Mean over full period:

$$\begin{aligned} \overline{f_{full}} &= \frac{1}{\left(\frac{2\pi}{\omega} - 0\right)} \int_0^{\frac{2\pi}{\omega}} dt \cos \omega t \\ &= \frac{\omega}{2\pi} \left(\frac{\sin \omega t}{\omega} \right) \Big|_0^{\frac{2\pi}{\omega}} = 0 \end{aligned}$$

RMS value over $\frac{1}{2}$ period:

$$\begin{aligned} f_{rms, \frac{1}{2}} &= \sqrt{\frac{1}{\frac{\pi}{\omega} - 0} \int_0^{\frac{\pi}{\omega}} dt \cos^2 \omega t} \\ &= \sqrt{\frac{\omega}{\pi} \frac{1}{2} \int_0^{\frac{\pi}{\omega}} dt (1 + \cos 2\omega t)} \\ &= \left[\frac{\omega}{2\pi} \left[t + \frac{\sin 2\omega t}{2\omega} \right] \Big|_0^{\frac{\pi}{\omega}} \right]^{\frac{1}{2}} \\ &= \left(\frac{\omega}{2\pi} \cdot \frac{\pi}{\omega} \right)^{\frac{1}{2}} \\ &= \frac{1}{\sqrt{2}} \end{aligned}$$

RMS value over full period:

$$\begin{aligned} f_{rms,full} &= \sqrt{\frac{1}{\frac{2\pi}{\omega} - 0}} \int_0^{\frac{\pi}{\omega}} dt \cos^2 \omega t \\ &= \sqrt{\frac{\omega}{2\pi} \times \frac{1}{2} \left[t + \frac{\sin 2\omega t}{2\omega} \right]_0^{\frac{2\pi}{\omega}}} \\ &= \frac{1}{\sqrt{2}} \end{aligned}$$