

	PER SERVING									PER 100 G								
	kcal	kJ	Fat g	Saturates g	Carbs g	Sugars g	Fibre g	Protein g	Salt g	kcal	kJ	Fat g	Saturates g	Carbs g	Sugars g	Fibre g	Protein g	Salt g
Bases																		
Standard dough - cooked	578	2446	3.4	0.5	118.0	9.5	6.5	22.1	3.2	309	1308	1.8	0.3	63.1	5.1	3.5	11.8	1.7
Wholemeal dough - cooked	542	2290	5.2	0.6	107.1	8.3	11.2	22.1	2.7	301	1272	2.9	0.4	59.5	4.6	6.2	12.3	1.5
Adult Gluten Free - cooked	529	2237	2.7	0.3	121.2	2.1	3.9	6.5	3.0	309	1308	1.6	0.2	70.9	1.2	2.3	3.8	1.7
Piccolo Gluten Free - cooked	168	711	1.0	0.1	37.1	0.6	0.9	2.2	0.8	221	935	1.3	0.1	48.8	0.8	1.2	2.9	1.1
Romana Pizzas, Calabrese and Calzone																		
American Hot	1010	4237	41.5	18.0	102.0	12.6	6.1	54.1	6.5	297	1246	12.2	5.3	30.0	3.7	1.8	15.9	1.9
Padana	1108	4649	33.2	16.0	129.1	33.9	19.9	62.8	4.7	284	1192	8.5	4.1	33.1	8.7	5.1	16.1	1.2
Padana - Vegan	911	3822	25.3	13.2	152.8	33.7	14.0	24.5	4.9	227	953	6.3	3.3	38.1	8.4	3.5	6.1	1.2
Pollo ad Astra	1145	4820	32.5	13.0	142.1	21.5	8.9	66.6	5.0	282	1187	8.0	3.2	35.0	5.3	2.2	16.4	1.2
Diavlo	1167	4894	39.0	20.1	139.1	15.0	10.2	59.1	7.1	296	1242	9.9	5.1	35.3	3.8	2.6	15.0	1.8
Pollo Forza	1253	5263	44.6	15.9	129.4	20.6	8.4	79.3	5.0	267	1122	9.5	3.4	27.6	4.4	1.8	16.9	1.1
Calabrese	1275	5327	66.1	30.2	108.7	18.2	13.9	54.1	6.5	266	1112	13.8	6.3	22.7	3.8	2.9	11.3	1.4
Barbacoa	1118	4702	38.4	14.0	127.7	26.9	12.1	71.8	5.6	204	858	7.0	2.56	23.3	4.9	2.2	13.1	1.0
Vegan Giardiniera	970	4077	34.0	13.3	144.1	14.5	11.8	27.6	6.5	214	900	7.5	2.9	31.8	3.2	2.6	6.1	1.4
Calzone 'Nduja	1196	5002	65.3	24.2	105.6	17.3	11.0	52.3	7.3	249	1042	13.6	5.0	22.0	3.6	2.3	10.9	1.5

	PER SERVING									PER 100 G								
	kcal	kJ	Fat g	Saturates g	Carbohydrates g	Sugars g	Fibre g	Protein g	Salt g	kcal	kJ	Fat g	Saturates g	Carbohydrates g	Sugars g	Fibre g	Protein g	Salt g
Classic Pizzas																		
American	978	4110	37.7	14.6	111.1	13.0	8.2	52.8	5.7	285	1198	11.0	4.3	32.4	3.8	2.4	15.4	1.7
Margherita	834	3512	24.9	10.1	111.5	13.1	7.2	37.6	4.3	255	1074	7.6	3.1	34.1	4.0	2.2	11.5	1.3
Margherita - Vegan	711	2987	18.6	8.3	118.7	11.0	9.2	21.4	4.3	240	1009	6.3	2.8	40.1	3.7	3.1	7.2	1.4
La Reine	898	3767	28.7	11.3	108.6	9.8	7.5	47.1	4.6	238	999	7.6	3.0	28.8	2.6	2.0	12.5	1.2
Fiorentina	942	3961	31.4	12.8	107.8	8.4	10.6	51.7	4.2	213	896	7.1	2.9	24.4	1.9	2.4	11.7	1.0
Sloppy Giuseppe	897	3777	26.1	12.2	115.4	13.5	10.5	45.0	4.8	213	897	6.2	2.9	27.4	3.2	2.5	10.7	1.1
Veneziana	938	3936	29.7	10.7	120.4	18.3	9.5	41.9	4.4	246	1033	7.8	2.8	31.6	4.8	2.5	11.0	1.2
Veneziana - Vegan	815	3419	23.4	9.1	132.4	21.2	10.8	23.4	5.2	219	919	6.3	2.4	35.6	5.7	2.9	6.3	1.4
Vegan Giardiniera	843	3545	27.5	9.2	130.5	13.7	11.9	24.7	5.7	184	774	6.0	2.0	28.5	3.0	2.6	5.4	1.3

	PER SERVING									PER 100 G								
	kcal	KJ	Fat g	Saturates g	Carbs g	Sugars g	Fibre g	Protein g	Salt g	kcal	KJ	Fat g	Saturates g	Carbs g	Sugars g	Fibre g	Protein g	Salt g
Leggera Pizzas																		
Wholemeal Leggera Pollo ad Astra	599	2515	13.9	3.7	75.0	12.4	6.7	46.4	3.0	164	689	3.8	1.0	20.5	3.4	1.8	12.7	0.8
Wholemeal Leggera Padana	587	2463	17.4	5.7	91.4	26.5	8.7	20.4	2.6	184	772	5.4	1.8	28.7	8.3	2.7	6.4	0.8
Wholemeal Leggera Padana - Vegan	560	2350	16.3	5.3	93.0	30.7	12.3	19.3	3.0	174	733	4.9	1.5	28.8	9.5	3.7	5.9	0.8
Wholemeal Leggera American Hot	548	2291	18.8	6.6	67.2	5.6	7.0	30.3	3.7	197	824	6.8	2.4	24.2	2.0	2.5	10.9	1.3
Wholemeal Leggera Vegan Giardiniera	556	2324	21.0	5.7	79.6	9.1	9.1	16.1	3.2	171	715	6.5	1.8	24.5	2.8	2.8	4.9	1.0
Wholemeal Leggera Barbacoa	547	2291	18.6	4.7	55.1	14.8	8.0	43.5	3.5	157	658	5.3	1.3	15.8	4.3	2.3	12.5	1.0
Wholemeal Leggera La Reine	498	2092	15.8	2.8	61.3	3.0	7.8	31.5	3.4	166	697	5.3	0.9	20.4	1.0	2.6	10.5	1.1
Wholemeal Leggera Pollo Forza	578	2427	18.6	3.6	60.8	5.9	10.3	46.8	2.9	169	712	5.5	1.1	17.8	1.7	3.0	13.7	0.9
Wholemeal Leggera Diavolo	556	2326	22.6	6.5	59.9	5.4	8.8	32.5	3.9	178	745	7.2	2.1	19.2	1.7	2.8	10.4	1.2
Wholemeal Leggera Margherita	440	1850	13.2	3.0	61.8	6.6	8.2	22.4	2.2	143	600	4.3	1.0	20.1	2.1	2.7	7.3	0.7
Wholemeal Leggera Margherita - Vegan	452	1893	16.2	5.3	67.4	10.8	9.9	13.9	2.3	140	586	5.0	1.7	20.9	3.3	3.1	4.3	0.7
Wholemeal Leggera Veneziana	517	2170	16.0	2.5	70.2	16.6	9.2	27.5	3.1	167	700	5.2	0.8	22.6	5.4	3.0	8.9	1.0
Wholemeal Leggera Veneziana - Vegan	544	2275	22.0	6.5	76.4	20.4	10.0	14.7	3.1	193	809	7.8	2.3	27.2	7.3	3.6	5.2	1.1
Wholemeal Leggera American	557	2334	23.6	6.9	56.1	7.1	8.2	34.1	3.2	216	904	9.1	2.7	21.7	2.8	3.2	13.2	1.2
Wholemeal Leggera Sloppy Giuseppe	490	2061	14.1	4.8	65.6	8.0	9.2	29.9	3.1	158	665	4.5	1.6	21.2	2.6	3.0	9.6	1.0
Superfood salad addition	171	711	9.2	1.1	15.2	2.7	3.5	6.3	0.5	227	948	12.2	1.5	20.2	3.6	4.7	8.4	0.7