



# Foundation Year Routes to Success

## Part III - Sustaining Success

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Semester 2

Before you hand in

# How to use these slides

- the slides are the basis for a before you hand-in lecture
- You can refer to them remind yourself of what still have to do
- It will help you if you read them in conjunction
  - with other materials provided to you
  - Your existing draft submission
  - Checking the links provided via Blackboard/EdShare
- Resource set for first lecture in EdShare (all basic materials)  
<http://www.edshare.soton.ac.uk/13885/>
- This set of resources in EdShare  
<http://www.edshare.soton.ac.uk/14075/>

# What we expect you to have done

- Independently learn about techniques and methods that can be used to effectively gain new knowledge in your subject.
- Develop appropriate study skills, strategies, and habits to sustain you in your future studies.

## Through reflection:

- Develop awareness of learning processes and control over those processes (metacognition).
- Develop a knowledge of and appreciation for your subject.

# The process

Portfolio...

you will need to write something

- My job is to help you with this task.
- Your job is to do the very best you can

A task to help you

- Answer specific questions
- Reflect on your answers
- Evaluate your motivations

# Intros: The big picture themes

learning

reflection

self knowledge

Using feedback

Future planning

Handin  
w/c 2nd March  
Wed 4<sup>th</sup> March

Assessment  
Interviews  
Engineering FY  
tbc

Assessment  
Interviews  
Science FY  
tbc

# I will help you

- Supporting tasks
- Videos to watch
- surveys to complete
- drafts before the final version
- Videos are designed to get you to see the bigger picture
- Surveys are designed to pace you through the reflection which goes with the course
- Drafts are designed to help you produce an excellent final version

Student work improved after we introduced the surveys and videos  
Complete the tasks: they can help you get better marks!

# Reassurance

- We ask you to trust us
- We will respect your confidence
- Be honest in what you write in the portfolio
- However
  - You can have insights and reflections which you can choose to keep private
  - You can learn from private reflections as well as 'public' reflections
- Always do your best but...
- You will not be marked down if your writing is not perfect
- It is OK to make points via bullets - does not have to be lots of prose
- We are looking for evidence of reflection
  - Be realistic in your reflections
- we want you to help yourself to make changes that work

# Remember

- Studying is not simply about transferring a set of facts from lecturer to students
- This module is designed to assist you in the process of:
  - Developing yourself as an individual
  - Recognising how you can be responsible for your own learning
  - Learning how to become a resilient learner
  - Developing skills so you
    - Understand how you best learn
    - Reflect on how you can improve

This module aims to actively engage you with this process 😊



# What we expect

- Work independently and study independently
- Discuss the task with your fellow students
  - Face-to-face is often better than online
  - find time over a coffee or in a social context
- complete the surveys regularly
  - you will get email invitations
  - ... And reminders
- write your reflective portfolio
- Reflective Portfolio

remember why it will be useful:

- Mastering independent study is a skill which will
  - Persist
  - And be useful throughout your degree
- Surveys act as a prompt to help you reflect
  - they will help you manage
    - your time
    - and the workload
- The portfolio provides a framework for you to reflect and learn from your progress

the best students always manage to right excellent portfolios  
but you don't have to be a great author just write the answers to the questions

# Have you used the resources?

- The videos, readings and tasks are designed to build a scaffolding for you to use
- When you are doing the coursework
- In the immediate future, helping you make good decisions about your study habits
- In the longer term during your degree studies

photo by Anne Roberts

# Have you watched the videos?

- <http://www.edshare.soton.ac.uk/14045>
- <http://www.edshare.soton.ac.uk/14046>
- <http://www.edshare.soton.ac.uk/14047>

# Have you read the suggested materials?

- They are linked/referenced in the materials for week 1
- <http://www.edshare.soton.ac.uk/13885>
- Carol Dweck, Mindset
- Matt Syed, Bounce the myth of talent
- Malcolm Gladwell, Outliers

# Have you completed the surveys?

- Introduction <https://www.isurvey.soton.ac.uk/14313>
- Critical thinking <https://www.isurvey.soton.ac.uk/14691>
- My skills <https://www.isurvey.soton.ac.uk/14757>
- Behaviours <https://www.isurvey.soton.ac.uk/14759>
- Progress review <https://www.isurvey.soton.ac.uk/14760>
- Before Handin <https://www.isurvey.soton.ac.uk/14761>

# Any Questions before the hand in?

- Over to you....

