

## 1. Identifying your motivations

*Comment on why you are taking the foundation year.*

- *What are your personal motivations?*
- *What are your objectives, what do you want to achieve as a result of the degree?*
- *How do you think your motivation affect the way you study?*
- *Are other aspects of your university life, besides your formal study influenced by your motivations?*

## 2. Calibrating your judgement

*We set interim tests and examinations for you (and us) to monitor your progress.*

*One thing you need to learn during your university career is how to make an objective, honest and realistic estimation of your likely achievements*

*Then following any exam or marked test, reflect on how things went, what you actually achieved and what you could do to build on your progress in the future.*

- *What marks did you think you would get for the Maths A exam?\**
  - *After your revision, before you sat the exam*
  - *After the exam, before you got your results*
- *What marks did you actually get?*
- *How accurate were your predictions? Why were you so accurate/inaccurate?*

*\* If the Maths exam has not been the most demanding aspect of your work so far, apply this analysis to another area such as your English proficiency. The important thing is to be objective*

## 3. Evaluating your progress

*Comment on how you have been progressing on the Foundation Year .....*

- *Describe your progress during the year, attendance, and achievements, settling in. you can use marks and test scores as evidence*
- *Consider your progress in the context of your objectives and motivations.*

## 4. Knowing yourself: Judgement, ambition, objectivity and planning to learn

*Questions:*

*What mark did you achieve in Maths A?*

*Your achievements, how well you expected to perform*

*Comment on the marks from the different perspectives below. For example:*

*How did you feel when you knew your results?*

*What feedback did you receive on the exam (generally as a class – but how does this relate to you?)*

*How would you describe your exam achievement? Typical examples below:*

- *I got a very high mark*
- *I got an acceptable pass*
- *I scraped a pass/didn't actually manage to pass*

*Now for the foundation year as a whole compare and describe:*

*Your achievements, how well you have performed*

*Explain what you are going to do to build on your achievements so far*

## 5. Future Objectives

*What are your objectives/ambitions?*

*Have they changed since the beginning of the Foundation year?*

*Identify your top three priorities, for the short term, medium term long term taking into account your progress to date*