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# Projecting a professional image ECS level 1 CV workshop



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- What is a CV?
- Styles of CV?
- Good and bad practice
- CV basics
- How to use self-audit
- Employability recap

www.southampton.ac.uk/careers



# Purpose of these slides

To help you think about CVs

- To provide a complement to the workshop activities
- To give you guidance
- To provide an alternative perspective on your assignment

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# What do you know about CVs?

- What is a CV?
- Who is it for?
- When is it needed?
- What should it do?

#### Sue Jones Home Address: 100 High Street, Some Town, UK I am a secont computer science and management (2:1) graduate with circa six months IT related experience currently benking to further my career in a challenging and exciting role. I am an embassistic individual with an excellent eye for feetil. I am driven by a passion to be me and to broades my understanding of the world. I elsely problem solving and disways welcome challenging embassions that gives more than production to achieve my full potential and to develop new skills. Education Computer Science with Business Management (2:1) Excellent educational experience during which I was involved in a range of group and individual projects including a final year dissertation. My dissertation allowed me to implement the full range of skills and theory gained change the earlier years of my degree in a full lifecycle project. This was reflected in my firal track which was a B. I have acquired many skills throughout my degree including team work, coping with high pressure situations and handling large work loads. I guined insight of the business environment though the business management program. Interpretonal and communication skills gained through the work on group projects. I am also self-motivated, creative and able to self-manage. Oained a range of export writing, nethware documentation and presentation skills. Acquired project management and planning skills as well as experience with different life cycle (1999 - 2004) London Secondary School GCSE AS-Level Economics B Accounting B 10 A-C grades, B's in Mathematics, English and Experience XYZ Company (September 2009 to present ) - Product Support Analyst XYZ Company provides telecommunication software which plans, optimises and deploys telecommunication networks throughout the world. I am based in the planning department which deals with the planning for antennas, sites and cells. I work with map data and simulators to help plan as efficiently as possible. I provide second and third line support to both global and internal customers. This is a customer-facing role, both on the beliphone and in person, and I participate in outstomer conferences to discuss and outline key issues. · I am responsible for scheduling tasks, analysing and providing solutions based on order of I use initiative and performing research to deal with issues being raised. I am involved with fault reproduction, requirement gathering, onsite installations, upgn maintenance work for XYZ Company's enterprise software suite and Oracle 9i & 10g. I am currently training as an Oracle DBA and work closely with Oracle 9i and 10g. I am able to write and implement a range of SQL queries on large customer databases. ABC Firm (May to November 2007) -Technical Support / Sales Assistant This sole required me to set up and maintain the computer system in ABC Firm's shop. I assisted in acquiring a new computer system before I set up the network and installed the necessary applications. Following on from this, I provided technical assistance and support whenever problems were encountered. · Responsibilities also included assisting with processing and developing pictures I was also required to deal with customers and resolve any enquires which enabled me to communicate with customers using my own initiative to attend to their needs.



### CV?

A curriculum vitae is a "life list" BUT

#### CVs:

- **Inform** about your background
- **Persuade** the opportunity provider to see you
- What you have done in the past gives **EVIDENCE** of what you can do in the future
- NOT just a list,
   but a professional and targeted marketing tool which is about your achievements and skills,
  - » And results in an **interview**



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# Start with yourself

- Self audit: experiences > activities > skills
- Computerised guidance programs *Prospects Planner* and *Adult Directions*
- Feedback from tutors, colleagues, friends, relations

#### **ALSO**

- Explore what's out there
- ECS Employability Tutorials
- <a href="http://www.prospects.ac.uk/">http://www.prospects.ac.uk/</a> Interest guides

http://www.ecs.soton.ac.uk/careers>>>>



Will take you to the tutorials and Career Destinations website

# **Employability Skills**



#### **Important**

- 1. Motivation & enthusiasm
- 2. Team working
- 3. Oral communication
- 4. Written communication
- 5. Flexibility
- 6. Customer focus
- 7. Problem solving
- 8. Managing own learning
- 9. Commercial awareness
- 10. Planning and organisation

#### **Anxiety about**

- writing and literacy skills, leadership skills
- soft skills particularly communication, problem solving,
- managing own learning and being self-motivated



# What needs to go on a CV?

- Personal details
- Objective or profile if it adds something
- Education/qualifications
- Work experience/employment history, including voluntary. Focus on the skills developed, your achievements
- Skills/interests/activities/achievements/responsibilities
- Referees? or "Referees available on request"
- Edited and organised to fit **one** or **two** pages



# Danger points

- NO target audience
- Poor layout, lack of headings, bullet points
- Tables and lines which don't format correctly
- Open access software which doesn't download correctly
- Boring, too many unnecessary details, chunks of text, too many tasks
- Too much sailing, football, or too little?
- Inappropriate personal information
- Poor spelling, grammar, too small, fancy fonts, BULL



long



# Winning points

- Clear, attractive layout with space
- Good sized font
- Easy to navigate (dates and headings are clear)
- Demonstrates attention to detail
- Gives evidence and is interesting (USPs)
- Relevant (shows focus) and to the point
- Appropriate style (chronological, skill based, academic)
- "I want to meet this person"







### Help

## - presenting or developing your skills

- Career Destinations, Student Services Centre
  - Skills section , workshops
- Daily appointments
  - 15 minute CV/application checks
- Use the template, the Guide and the website
  - > Make successful applications
- Get involved
  - > Graduate Passport







### What to do next?

- Reflect on the class activities
- Conduct your own investigations/research
- Find example CVs
- Take a look at the examples good and bad
- Draft, refine and review your CV
- Use the target of a summer job relevant to your degree as a focus for your CV