WASP Support Programme: Overview

Week 1

Getting Personal with WASP

Introduction to WASP
Universal Personalised Care Model.

Homework:
- Digesting your WASP Report
- SCOT Analysis

Week 2

Personalised Care and Support Planning

Link to your WASP report

Quality Improvement:
1. Model for Improvement template
2. Prioritisation Matrix

Week 3

Supported Self Management and Patient Activation

Link to your WASP report

Quality Improvement:
3. Tools for Evaluation
4. Measuring Change

Week 4

Shared Decision Making

Link to your WASP report

Quality Improvement:
5. Implementation Plans

Week 5

Social Prescribing and Community Based Support

Link to your WASP report

Quality Improvement:
6. Stakeholders and Asset Mapping
7. Communications

All core sessions will run from 11.30 – 13.00, and are delivered via MS Teams.

WASP Support Programme: Overview

Week 6

Creating a Buzz....

Project Updates

Team Updates
Each team - 5 minute overview of project to the wider group

Week 7-10

Optional Modules

Patient Activation

Behaviour Change

Goal Setting

Health Coaching

Week 7-10

Optional Modules

MECC

Personal Health Budgets

Optional Activities

TweetChat

Week 11

Forward Planning Session

Team planning session with mentor.

Creating a Buzz..... thinking about your communications strategy

Week 12

Creating a Buzz....

Project Updates

Progress Presentations

Next Step Planning

WASP Mentor – Team Coaching and Support