

Delphi Statements for which there is agreement

Round Two

Statement	Consensus
If there is agreement that a stroke survivor is persistently failing to make progress in therapy, they are unlikely to continue to receive 45 minutes of therapy daily	Agreement
If a stroke survivor remains very dependent on care, they won't continue to receive 45 minutes of therapy daily	Disagreement
A stroke survivor will not receive 45 minutes of therapy if they lack comprehension of spoken language	Disagreement
In an inpatient setting, a Stroke survivor may not receive 45 minutes of therapy due to social issues (such as lack of social support, addiction or social complexity)	Disagreement
In the community, a Stroke survivor may not receive 45 minutes of therapy if they feel it more important to get on with their life	Agreement
If a stroke survivor is of a low educational level, then they may not receive 45 minutes of therapy	Disagreement
Fatigue is a reason why a stroke survivor may not tolerate 45 minutes of therapy (particularly if they are receiving multiple therapies)	Agreement
In the Hyperacute Stroke Unit, A stroke survivor may not receive 45 minutes of therapy due to new patient assessments being seen as a priority	Agreement
In the Hyperacute/acute setting, a stroke survivor may not receive 45 minutes of therapy due to patient discharges being seen as a priority	Agreement
In the hyperacute/acute setting, a stroke survivor may not receive 45 minutes of therapy because of the size of the therapists' caseload	Agreement
Within teams I have worked in non-patient contact activities (such as handover, MDT meetings, planning therapy sessions, ordering equipment and paper work) can limit therapists' ability to deliver 45 minutes of therapy to stroke survivors	Agreement
The decisions I make about the amount of therapy I provide to a stroke survivor are not influenced by the stroke survivor, relative/carers' knowledge of the 45 minute guideline	Agreement
In the in-patient setting, a stroke survivor may not receive 45 minutes of therapy if they need to go off the ward for a medical investigation and I am unable to reschedule their therapy that day	Agreement
Decisions about the amount of therapy that a stroke survivor receives are discussed amongst the therapy team and are sometimes made jointly	Agreement
The fast-paced nature of the hyperacute/acute setting can make delivery of 45 minutes of therapy more challenging	Agreement

The guideline for 45 minutes of therapy is appropriate for most stroke survivors receiving ESD	Agreement
Due to the time-limited nature of many ESD services, some stroke survivors are discharged from ESD when they would still benefit from 45 minutes of therapy, 5 days per week	Agreement
In ESD, it is difficult to return to a stroke survivor for a second time in a day, if they are unable to tolerate 45 minutes of therapy in one session	Agreement
If therapists are off sick in my organisation, then some stroke survivors may not receive 45 minutes of therapy	Agreement

Round One

Statement	Consensus
A Stroke survivor may not receive 45 minutes of therapy for medical reasons (such as unstable blood pressure, chest infection, nutritional status etc.	Agreement
A therapy session may end if the stroke survivor is not tolerating the therapy input	Agreement
A Stroke survivor may not receive the recommended amount of therapy if they do not consent to therapy	Agreement
If a stroke survivor has returned to their pre-stroke level of functioning, they are less likely to continue to receive 45 minutes of therapy daily	Agreement
How I am feeling (including my mood and physical comfort) influences the decisions I make regarding amount of therapy I provide to stroke survivors.	Disagreement
My knowledge and understanding of stroke recovery effects the decisions I make regarding amount of therapy I provide to stroke survivors	Agreement
It is important that I can justify the decisions I have made about the amount of therapy a stroke survivor receives	Agreement
The therapy a stroke survivor receives should be based on what they need, not on a pre-specified amount	Agreement
Stroke survivors may not receive 45 minutes of therapy in the acute setting, due the caseload being very large at times	Agreement
Lack of therapy staff, can be a reason why a stroke survivor does not receive 45 minutes of therapy	Agreement
If a stroke survivor is not appropriate for 45 minutes of therapy-per-day, then they are not appropriate for any therapy	Disagreement