

## **Analysing Reflective Writing Task 3**

### **Reflection and Action**

#### **Instructions**

Sometimes when people work their way through routes to success it becomes clear that there is a specific area of the course in which they need to make changes.

There is room in the portfolio to record such changes, but you might feel that it is helpful to record and analyse in full a particular change or intervention which you think can be an addition to what you write in the routes to success part 3 portfolio.

It may be for example, that independent of the module, over the Christmas vacation or the inter semester break you reflected of your own accord and decided to make changes which you have enacted already.

Sometimes these can relate to an academic context, but they might also relate to your broader life. For example bringing about a change which affects your home life, where you live in future, how you manage your finances or who you sustain your life work balance.

Use the **What->So What?->Now What?** structure to explore and evaluate the changes which you have put into place.

**You can choose to submit this task.**